



## Ingredient Statement and Nutritional Information

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### #107672 Blueberry Fritter

**INGREDIENTS: FRITTER:** ENRICHED WHEAT FLOUR BLEACHED (FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, BLUEBERRIES, PALM OIL, DEXTROSE, SOYBEAN OIL, YEAST, CONTAINS 2% OR LESS OF: LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), SOY FLOUR, SPICE, DRY WHEY, NATURAL AND ARTIFICIAL FLAVOR, MONO & DIGLYCERIDES WITH BHT AND CITRIC ACID [AS PRESERVATIVE], SODIUM STEAROYL LACTYLATE, NONFAT MILK SOLIDS, WHEAT STARCH, NONFAT DRY MILK, CORN OIL, BETA CAROTENE, ENZYMES, WHOLE EGG. **GLAZE:** SUGAR, WATER, CORN STARCH, CORN SYRUP, CALCIUM CARBONATE, AGAR, NATURAL AND ARTIFICIAL FLAVOR, SALT, MONO AND DIGLYCERIDES. **CONTAINS WHEAT, MILK, EGG AND SOY INGREDIENTS.**

<p><b>Nutrition Facts</b> Serv. Size: 1/2 fritter (57g), Servings: 2, Amount Per Serving: <b>Calories</b> 200, Fat Cal. 80, <b>Total Fat</b> 9g (14%DV), Sat. Fat 4.5g (21%DV), <i>Trans</i> Fat 0g, <b>Cholest.</b> 0mg (0%DV), <b>Sodium</b> 170mg (7%DV), <b>Total carb.</b> 28g (9%DV), Fiber 0g (0%DV), Sugars 12g, <b>Protein</b> 3g, Vitamin A (0%DV), Vitamin C (0%DV), Calcium (2%DV), Iron (6%DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.</p>
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