



Ingredient Statement and Nutritional Information

#5710 Sugar Glazed Yeast Ring

INGREDIENTS: YEAST DONUT: ENRICHED WHEAT FLOUR BLEACHED (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, PALM OIL, YEAST, DEXTROSE, SOYBEAN OIL, SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), SOY FLOUR, DRY WHEY, MONO & DIGLYCERIDES, SODIUM STEAROYL LACTYLATE, NONFAT DRY MILK, CORN OIL, BETA CAROTENE [AS COLOR], ENZYMES, ALPHA TOCOPHEROLS [AS PRESERVATIVE], WHOLE EGG. **TOPPING:** SUGAR. **CONTAINS WHEAT, EGG, MILK, AND SOY INGREDIENTS.**

<p>Nutrition Facts Serv. Size: 2/3 donut (51g), Servings: About 1, Amount Per Serving: Calories 190, Fat Cal. 80, Total Fat 9g (14%DV), Sat. Fat 4.5g (21%DV), <i>Trans</i> Fat 0g, Cholest. 0mg (0%DV), Sodium 190mg (8%DV), Total carb. 26g (9%DV), Fiber 0g (0%DV), Sugars 10g, Protein 3g, Vitamin A(0%DV), Vitamin C (0%DV), Calcium (0%DV), Iron (6%DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.</p>
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