



Ingredient Statement and Nutritional Information

#5777 White Iced Crème Filled Long John

INGREDIENTS: **DONUT:** ENRICHED WHEAT FLOUR BLEACHED (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, PALM OIL, YEAST, DEXTROSE, SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), SOY FLOUR, DRY WHEY, MONO & DIGLYCERIDES WITH BHT AND CITRIC ACID [AS PRESERVATIVES], SODIUM STEAROYL LACTYLATE, NONFAT MILK SOLIDS, NONFAT DRY MILK, WHEAT STARCH, CORN OIL, BETA CAROTENE [AS COLOR], ENZYMES, CITRIC ACID, SILICON DIOXIDE, ALPHA TOCOPHEROLS [AS PRESERVATIVE], WHOLE EGG. **FILLING:** SUGAR, PARTIALLY HYDROGENATED VEGETABLE OIL (SOYBEAN AND COTTONSEED), WATER, CONTAINS 2 % OR LESS OF: CORN STARCH, NATURAL AND ARTIFICIAL FLAVOR, SALT, MONO AND DIGLYCERIDES, POLYSORBATE 60. **ICING:** SUGAR, WATER, PARTIALLY HYDROGENATED VEGETABLE OIL (SOYBEAN AND COTTONSEED), CORN SYRUP, CORN STARCH, CONTAINS 2% OR LESS OF: SALT, NATURAL AND ARTIFICIAL FLAVORS, CALCIUM SULFATE, CALCIUM CARBONATE, MONO AND DIGLYCERIDES, AGAR, DEXTROSE, LOCUST BEAN GUM, TITANIUM DIOXIDE, POLYSORBATE 60. **CONTAINS WHEAT, MILK, EGG, AND SOY INGREDIENTS.**

<p>Nutrition Facts Serv. Size: 1/3 donut (50g), Servings: 3, Amount Per Serving: Calories 200, Fat Cal. 80, Total Fat 10g (15%DV), Sat. Fat 3.5g (17%DV), <i>Trans</i> Fat 1g, Cholest. 0mg (0%DV), Sodium 140mg (6%DV), Total carb. 28g (9%DV), Fiber 0g (0%DV), Sugars 17g, Protein 2g, Vitamin A (0%DV), Vitamin C (0%DV), Calcium (0%DV), Iron (4%DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.</p>
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