



Ingredient Statement and Nutritional Information

#5843 Light Chocolate Iced Custard Filled Long John

INGREDIENTS: **DONUT:** ENRICHED WHEAT FLOUR BLEACHED (FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, INTERESTERIFIED SOYBEAN OIL, SOYBEAN OIL, DEXTROSE, YEAST, CONTAINS LESS THAN 2% OF THE FOLLOWING: SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), SOY FLOUR, MONO & DIGLYCERIDES, WHEY, SODIUM STEAROYL LACTYLATE, MALTODEXTRIN, NATURAL AND ARTIFICIAL FLAVOR, CORN SYRUP SOLIDS, WHOLE EGG, GUAR GUM, ACACIA GUM, CORN OIL, MODIFIED FOOD STARCH, BETA CAROTENE (COLOR), CARAMEL COLOR, ENZYMES, AZODICARBONAMIDE (DOUGH CONDITIONER), WATER, POLYSORBATE 80, ASCORBIC ACID (DOUGH CONDITIONER), ALPHA TOCOPHEROLS (PRESERVATIVE). **FILLING:** WATER, SUGAR, MODIFIED FOOD STARCH, DEXTROSE, SALT, TITANIUM DIOXIDE, CONTAINS 2 % OR LESS OF THE FOLLOWING: CARRAGEENAN, GULCONO DELTA LACTONE, SODIUM BENZOATE AND POTASSIUM SORBATE (PRESERVATIVES), ARTIFICIAL FLAVOR, YELLOW 5, YELLOW 6. **ICING:** SUGAR, WATER, PARTIALLY HYDROGENATED SOYBEAN OIL, CORN SYRUP, PARTIALLY HYDROGENATED COTTONSEED AND/OR CANOLA OIL, CORN STARCH, COCOA PROCESSED WITH ALKALI, CALCIUM SULFATE, CALCIUM CARBONATE, CORN SYRUP SOLIDS, DEXTROSE, MONO AND DIGLYCERIDES, AGAR, SALT, NATURL AND ARTIFICIAL FLAVORS, SOY LECITHIN, CHOCOLATE LIQUOR, POLYSORBATE 60, FLOUR, TITANIUM DIOXIDE, MONOGLYCERIDES, LOCUST BEAN GUM, TURMERIC, ALCOHOL, APO CAROTENAL, TOCOPHEROLS.

CONTAINS: WHEAT, MILK, EGG, SOY.

<p>Nutrition Facts Serv. Size: 1/3 donut (54g), Servings: 3, Amount Per Serving: Calories 150, Fat Cal. 60, Total Fat 6g (10%DV), Sat. Fat 2.5g (12%DV), <i>Trans</i> Fat 0g, Cholest. 0mg (0%DV), Sodium 140mg (6%DV), Total carb. 22g (7%DV), Fiber 0g (0%DV), Sugars 10g, Protein 2g, Vitamin A (0%DV), Vitamin C (0%DV), Calcium (2%DV), Iron (4%DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.</p>
