



## Ingredient Statement and Nutritional Information

### #89896 Jumbo Apple Cinnamon Muffin

**INGREDIENTS:** SUGAR, ENRICHED WHEAT FLOUR BLEACHED (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, WHOLE EGG, SOYBEAN OIL, FOOD STARCH - MODIFIED, HIGH FRUCTOSE CORN SYRUP, LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE, ALUMINUM SULFATE, SODIUM ACID PYROPHOSPHATE, MONOCALCIUM PHOSPHATE), APPLE, CORN STARCH, DRY WHEY, SALT, PARTIALLY HYDROGENATE VEGETABLE OIL (SOYBEAN AND COTTONSEED), VITAL WHEAT GLUTEN, CINNAMON, PROPYLEN GLYCOL MONOSTEARATE, NATURAL AND ARTIFICIAL FLAVOR, MONO & DIGLYCERIDES, SODIUM STEAROYL LACTYLATE, DEXTROSE, BROWN SUGAR, CITRIC ACID, WHEAT STARCH, SODIUM BENZOATE AND POTASSIUM SORBATE (AS PRESERVATIVES), ALPHA TOCOPHEROL (AS PRESERVATIVE), SPICE. **CONTAINS WHEAT, MILK, SOY, AND EGG INGREDIENTS.**

### **Nutrition Facts**

Serv. Size: 1/4 muffin (60 g/2.1 oz),  
Servings: 4, Amount Per Serving: **Calories** 220, Fat Cal. 90, **Total Fat** 11g  
(16%DV), Sat. Fat 2g (10%DV), *Trans* Fat 0g, **Cholest.** 40mg (14%DV), **Sodium**  
210mg (9%DV), **Total carb.** 28g (9%DV), Fiber 0g (0%DV), Sugars 17g, **Protein**  
2g, Vitamin A (2%DV), Vitamin C (0%DV), Calcium (2%DV), Iron (6%DV). Percent  
DailyValues (DV) are based on a 2,000 calorie diet.